

SUMMER  
CAMPS  
2023  
HELIOS SCHOOL



heliosschool.org  
T 408 475 1024

Scan to register!  
<https://www.signupgenius.com/go/4090449a4ad28a6ff2-helios11#/>



20  
23

# CAMP SCHEDULE



## Week 1

Jun 12-16

SURPRISE CAMP (K-4TH)  
HIKING ADVENTURE CAMP (4TH-8TH)  
MAKING MAKERS (5TH-8TH)  
ART CAMP (K-4TH)  
GIFT OF PLAY SEL CAMP (1ST-8TH)

## Week 2

Jun 19-23

STEAM CAMP (2ND-6TH)  
TAKE A HIKE! CAMP (3RD-8TH)

## Week 3

Jun 26-30

NATURE CAMP (K-4TH)  
TAKE A HIKE! CAMP (3RD-8TH)

## Week 4

Jul 5-7

TAKE A HIKE! CAMP (3RD-8TH)

## Week 5

Jul 10-14

NATURE CAMP (K-4TH)  
KITE MAKING & BEACH DAYS (3RD-8TH)  
ART CAMP (5TH-8TH)  
PUBLIC SPEAKING 9A-12P (4TH-8TH)

## Week 6

Jul 17-21

LEGO ROBOTICS & DIGITAL DRAWING (1ST-3RD)  
LITERACY RE-DESIGN (5TH-8TH)  
INTRO TO PUBLIC SPEAKING 9A-12P (2ND-3RD)  
DEBATE CAMP 1P-4P (4TH-5TH)

## Week 7

Jul 24-28

BUSINESS LEADERSHIP CAMP 1P-4P (6TH-8TH)  
MINDFUL HEARTS CAMP (K-4TH)

## Week 8

Jul 31 -

Aug 4

MINDFUL HEARTS CAMP (K-4TH)  
ROBOT INVENTOR (4TH-6TH)  
MINI HIKERS CAMP (K-4TH)  
BACKPACKING OVERNIGHT CAMP (5TH-8TH)

CAMPS RUN 9A-4P UNLESS OTHERWISE INDICATED

# Week 1: Jun 12-16

## SURPRISE CAMP

**Grades:** K-4th

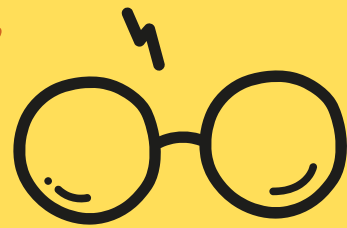
**Time:** 9a-4p

**Location:** Helios

**Cost:** \$600/week

**Teachers:** Shannon, Tiffany & Mizzy

**Max:** 30



Take what you know about day camp and throw it out the window. Introducing...Surprise Camp. Every day is a new adventure and a complete surprise. Will we create our own miniature golf course or build wilderness survival shelters? Build an arcade out of cardboard or a castle out of sheets? Go on a nature hike or do some art? Learn how to start a fire without matches or fly down a slip and slide on the field at Helios? With each day starting with a surprise and ending with a happy camper, how can you not register for this camp. (If you are a parent, please do not worry. This is actually a very well planned out camp. If you are a student, disregard the sentence above.)

## HIKING ADVENTURE CAMP

**Grades:** 4th-8th

**Time:** 9a-4p

**Location:** Off-Campus (meet at Helios)

**Cost:** \$600/week

**Teachers:** Mike & Kathy

**Max:** 16



Are you interested in exploring some beautiful Bay Area trails? Join us on a hiking day camp! Participants will explore local state parks, beaches, and open space areas with a small group of Helios adventurers. We'll climb peaks, splash in creeks, explore local geology and ecology, and maybe even enjoy a beach day or two along the way!

Plan on hiking 6-8 miles a day with some elevation gain.

## MAKING MAKERS

**Grades:** 5th-8th

**Time:** 9a-4p

**Location:** Helios

**Cost:** \$600/week

**Teachers:** Rusty & Ling

**Max:** 14



Spend 5 days in the I-Lab learning various modes of making. Students will learn how to 3D print, laser cut, sew by hand and machine, and to use basic wood tools. This summer camp will utilize project-based targeted lessons to help facilitate skill development.

## ART CAMP

**Grades:** K-4th

**Time:** 9a-4p

**Location:** Helios

**Cost:** \$600/week

**Teachers:** Megan

**Max:** 12

Spend the week creating and exploring art! Students will explore and practice various art mediums such as drawing, painting, printing, collage, and tie-dye. Lesson's are designed to encourage young artists to enjoy the process of art making, allowing them to investigate art concepts independently and meaningfully.

## GIFT OF PLAY SEL CAMP



**Grades:** 1st-8th

**Time:** 9a-4p

**Location:** Helios

**Cost:** \$600/week

**Teachers:** Casler & Idan

**Max:** 32

Joining together through highly imaginative play, students are wholeheartedly invited to embark on a mission of gaming discovery, affording increased understanding of the self in relation to the otherness of others, thereby enhancing appreciation, opportunity, and ability to collaborate in sharing of meaningful culture and community building, all the while engaging in out-of-this-world cooperative and competitive peer-to-peer gaming thrills like never before! GoPlay offers a multitude of awe-inspiring board game experiences your child is not familiar with; such novelty supportively promotes profound interpersonal relationship development and culture building, and as such, each gaming group engages in a precisely fitting montage of games custom-selected from a comprehensive private library of 1,500+ titles carefully chosen and facilitated in support of meaningful engagement and development of growth mindset supporting navigation and management of big feelings of emotion, managing relational stress, conflict resolution, cooperation, and building of trust. Offering 2 gaming groups of 16 respective students, grades 1-3 and 4-8.



## Week 2: Jun 19-23

### STEAM CAMP

**Grades:** 2nd-6th

**Time:** 9a-4p

**Location:** Helios

**Cost:** \$600/week

**Teachers:** Michelle & Freya

**Max:** 18



Calling all scientists, inventors, and curious minds! Are you looking to put your creativity and scientific knowledge to the test? At STEAM camp we will take a deep dive into Science, Technology, Engineering, Art, and Mathematics. Campers from rising 2nd graders through rising 6th graders are welcome to come to investigate exciting scientific questions with hands-on experiments and projects. You will get the chance to design and build complex structures and vehicles, create with neat diverse art mediums, and immerse yourself in outrageously mad science experiments. So come collaborate with friends in fun, interactive, and open-ended activities!

### TAKE A HIKE! CAMP

**Grades:** 3rd-8th

**Time:** 9a-4p

**Location:** Off-Campus

(meet at Helios)

**Cost:** \$600/week

**Teachers:** Kathy

**Max:** 10



Are you looking for adventure this summer? Are you looking to have fun while adventuring this summer? Then sign up for Take a Hike camp. We will hike semi-challenging 3 - 8 miles hikes (with plenty of rest stops) each day where we are sure to find both fun and adventure. During our adventures we will partake in scavenger hunts and take a quiet moment in nature for some nature journaling. We will engage our senses, play hiking games, build forts (if we can find the right materials) and develop some outdoor skills. After each hike we will visit our local swimming pool to cool off and relax. We will have a field trip on Friday to celebrate our week of hiking accomplishments.

## Week 3: Jun 26-30

### NATURE CAMP

**Grades:** K-4th

**Time:** 9a-4p

**Location:** Off-Campus (meet at Helios)

**Cost:** \$600/week

**Teachers:** Shannon, Tiffany, Mizzy

**Max:** 20

Do you love being outside and exploring the natural world? Does spending a day building forts, creating nature art, playing games, and going on fun adventures, sound like the perfect summer day? Then join us for a perfect day outside - all week! We will take day trips to the natural wonders the Bay Area has to offer - from exploring the mudflats and wetlands, to taking walks in the redwood forest. Children will engage in play, story, nature journaling/art, and discovery for 5 days straight!



### TAKE A HIKE! CAMP

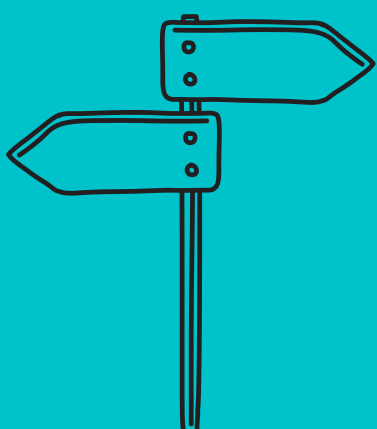
Grades, time, location, cost, teachers, max, and description can be found above



## Week 4: Jul 5-7

### TAKE A HIKE! CAMP

Due to the short holiday week, this will be the only camp offered. All details are the same as listed above except **cost for the session will be \$360.**



# Week 5: Jul 10-14

## NATURE CAMP

**Grades:** K-4th

**Time:** 9a-4p

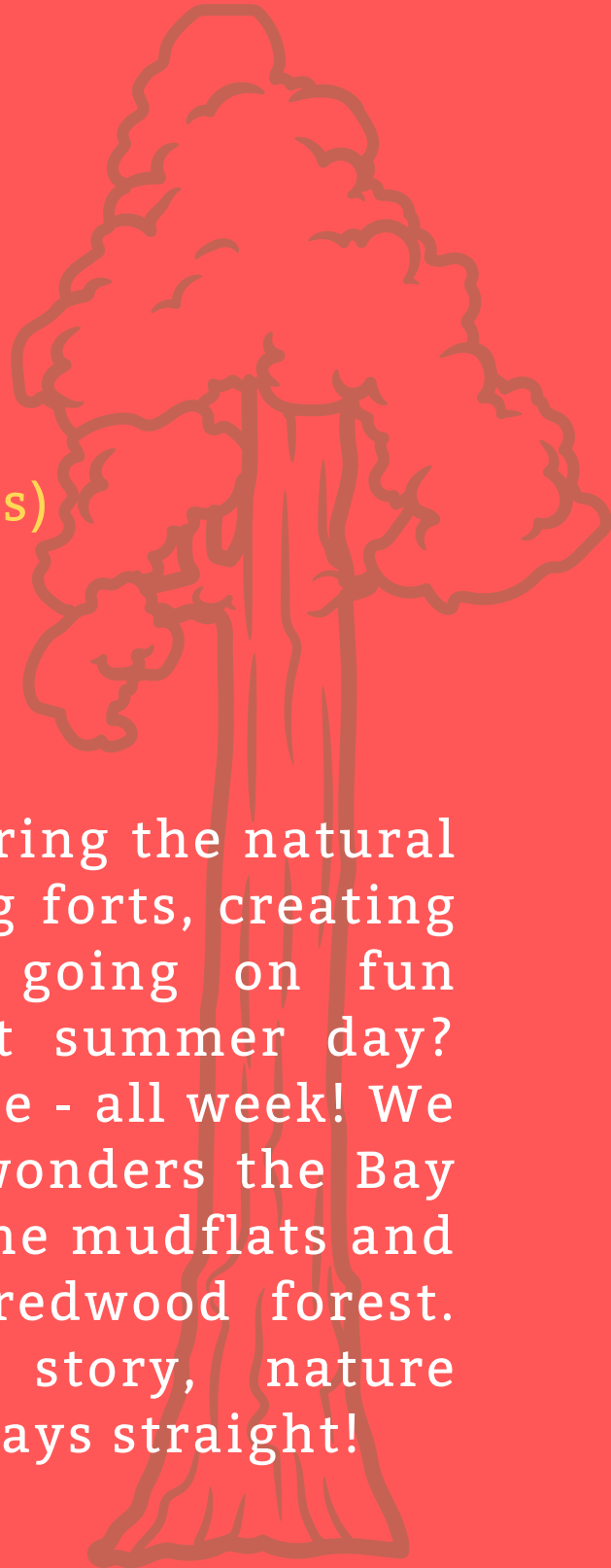
**Location:** Off-Campus (meet at Helios)

**Cost:** \$600/week

**Teachers:** Shannon, Tiffany, Mizzy

**Max:** 20

Do you love being outside and exploring the natural world? Does spending a day building forts, creating nature art, playing games, and going on fun adventures, sound like the perfect summer day? Then join us for a perfect day outside - all week! We will take day trips to the natural wonders the Bay Area has to offer - from exploring the mudflats and wetlands, to taking walks in the redwood forest. Children will engage in play, story, nature journaling/art, and discovery for 5 days straight!



## KITE MAKING & BEACH DAYS

**Grades:** 3rd-8th

**Time:** 9a-4p

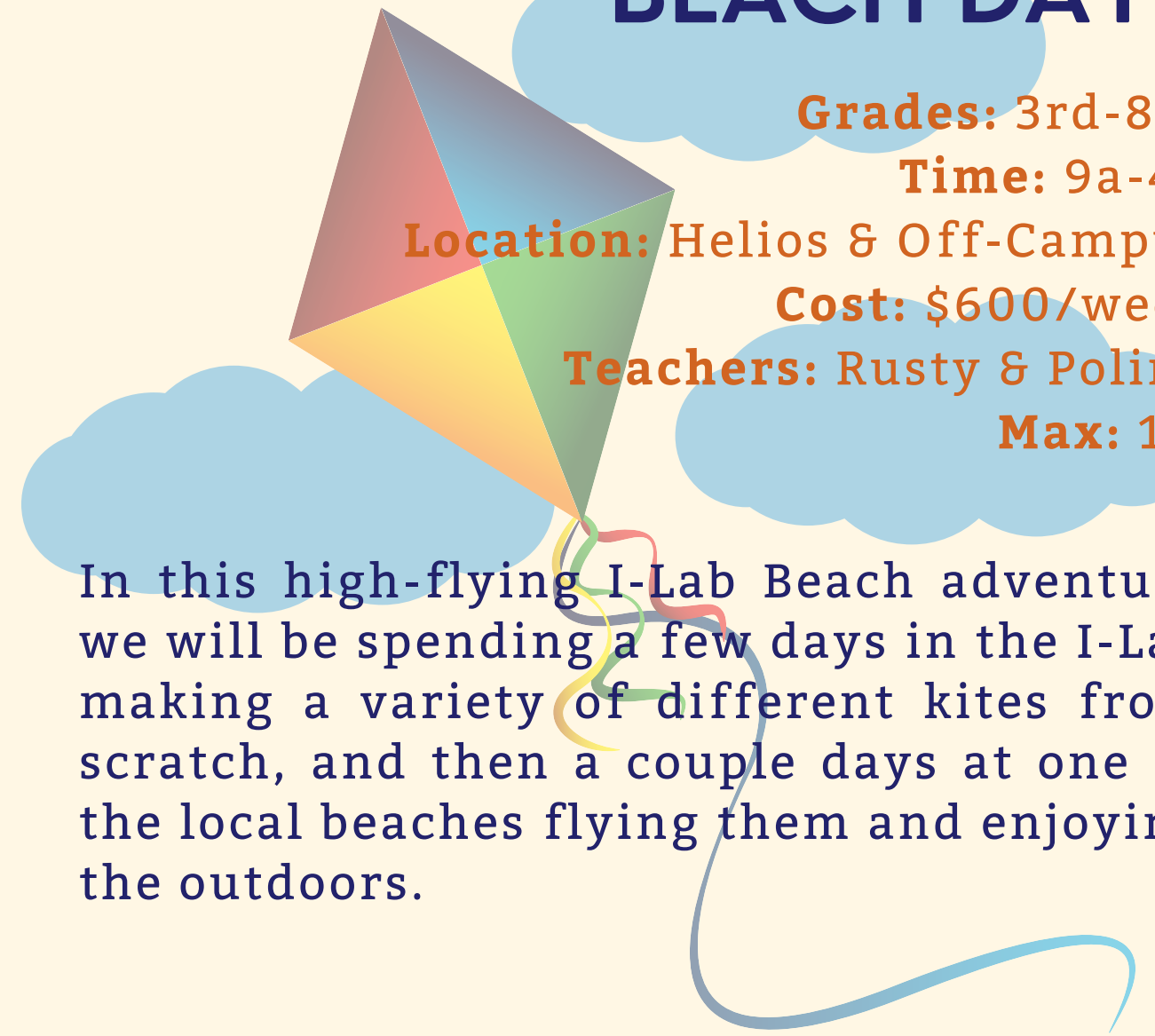
**Location:** Helios & Off-Campus

**Cost:** \$600/week

**Teachers:** Rusty & Polina

**Max:** 14

In this high-flying I-Lab Beach adventure we will be spending a few days in the I-Lab making a variety of different kites from scratch, and then a couple days at one of the local beaches flying them and enjoying the outdoors.



## ART CAMP

**Grades:** 5th-8th

**Time:** 9a-4p

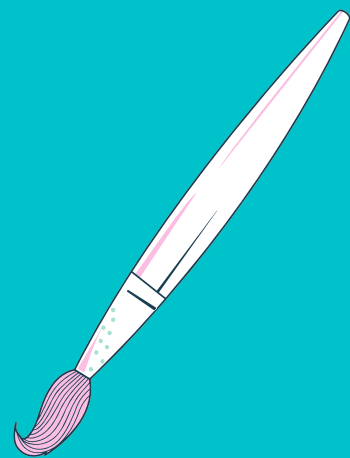
**Location:** Helios

**Cost:** \$600/week

**Teachers:** Megan

**Max:** 12

Spend the week creating and exploring art! Students will explore and practice various art mediums such as drawing, painting, printing, collage, and tie-dye. Lesson's are designed to encourage young artists to enjoy the process of art making, allowing them to investigate art concepts independently and meaningfully.



## PUBLIC SPEAKING CAMP

**Grades:** 4th-8th

**Time:** 9a-12p

**Location:** Helios

**Cost:** \$450/week

**Teachers:** Rose Debate Institute

**Max:** 12

At Rose Debate Institute, we believe that practicing effective communication deserves as much investment as any activity.

In this public speaking program, students will have fun: Growing in confidence. Practicing peer-to-peer communication and the art of conversation. Thinking critically and speaking persuasively. Studying speech writing and the practice of rhetoric. Our public speaking programs are offered for grades 4-12, with each group arranged by age and experience level. We emphasize frequent practice and personalized feedback, with an average student-to-teacher ratio of 1:8.



# Week 6: Jul 17-21

## LEGO ROBOTICS & DIGITAL DRAWING

**Grades:** 1st-3rd  
**Time:** 9a-4p  
**Location:** Helios  
**Cost:** \$600/week  
**Teachers:** Mizzy & Yulia  
**Max:** 15

Creators, artists, innovators, and engineers, make screen time a productive and creative portion of your day! If you are looking to develop your artistic and engineering skills all while having a blast this summer, this is the perfect camp for you! You will get a chance to build and code your own rovers, spy robots, and many more using Lego! We will also be creating and working on a number of digital portrait and landscape drawings and make Helios our personal museum!

## LITERACY RE-DESIGN



**Grades:** 5th-8th  
**Time:** 9a-4p  
**Location:** Helios  
**Cost:** \$600/week  
**Teachers:** Tiffany & Ling  
**Max:** 15

Have you ever read a story and wished it ended differently? Wouldn't it be awesome to create your own version of Romeo and Juliet, a different-looking monster in Frankenstein, or unique animals in Charlotte's Web? Join Ling and Tiffany for a week of a literature circle, followed by the opportunity to create your own versions of these tales! Students will participate in listening to reading and readers theater, engage in discussions about books, then use technology and their imaginations to create their own versions of characters, settings, or story endings.

## INTRO TO PUBLIC SPEAKING CAMP

**Grades:** 2nd-3rd  
**Time:** 9a-12p  
**Location:** Helios  
**Cost:** \$450/week  
**Teachers:** Rose Debate Institute  
**Max:** 12



At Rose Debate Institute, we believe that practicing effective communication deserves as much investment as any activity.

This introductory public speaking program helps students practice the fundamentals that every child needs in order to communicate effectively — whether on the playground, in a classroom or on the stage. Some of the skills we practice: Posture Speaking clearly and with expressiveness Making conversation This half-day camp features mini-presentations and creative projects and presentations. The program requires some basic reading/writing skills, although for younger students we focus on in-class activities rather than handouts or written assignments.

## DEBATE CAMP

**Grades:** 4th-5th  
**Time:** 1p-4p  
**Location:** Helios  
**Cost:** \$450/week  
**Teachers:** Rose Debate  
**Max:** 12



Today, critical thinking and effective debating skills are more essential than ever before. At Rose Debate, we have developed techniques and content to foster these skills in our students, sharpening their minds and bolstering their confidence in communication. In this one-week, half-day debate camp, students will enjoy: Learning principles of debate theory, research, and effective argumentation. Practicing persuasive rhetoric with organization and signposting. Competing in practice debate rounds with live feedback. Achieving mastery over one or more of the following debate formats: Panel, Public Forum, Team Policy, Congressional, and Parliamentary.

# Week 7: Jul 24-28

## BUSINESS LEADERSHIP CAMP

**Grades:** 6th-8th  
**Time:** 1p-4p  
**Location:** Helios  
**Cost:** \$450/week  
**Teachers:**  
Rose Debate  
**Max:** 12

At Rose Debate Institute, we believe in each student's potential to do big things, and we want to assist in their professional development by sharing skills in teamwork, entrepreneurship, and business management.

In our Business Leadership Program, students will have a blast: Learning essential tools and virtues of the Ideal Team Player. Practicing building resumes, elevator pitches, professional emails, and product presentations. Building ingenuity and entrepreneurship with a Shark Tank Competition. Business Leadership is offered for grades 6 and up. Our program is project and presentation based, with a myriad of opportunities to develop their newly acquired skills. We emphasize frequent practice and personalized feedback.



**Grades:** K-4th  
**Time:** 9a-4p  
**Location:** Helios  
**Cost:** \$600/week  
**Teachers:** Polina & Freya  
**Max:** 20

## MINDFUL HEARTS CAMP

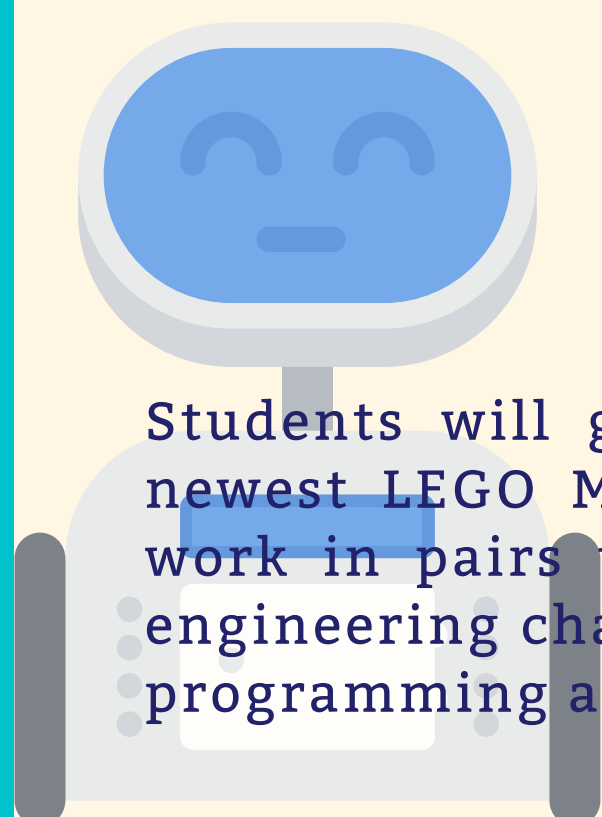
Get ready for an adventure of a lifetime filled with movement, nature exploration, and creative play - all with a backdrop of mindfulness! In this day camp, we will explore all the different ways we can be more mindful and in the process learn a lot about our unique individual selves. We will engage in yoga, time in and with nature, mindful crafts, mindful cooking/eating, and resting. We will explore a number of art and craft projects that allow us to stay connected to the present moment, such as painting rocks, creating sand mandalas, coloring, scratch art, creating our own unique essential oil potion, planting succulent gardens, and even cooking and eating mindfully. Join us for an unforgettable time of being here now!

# Week 8: Jul 31 - Aug 4

## MINDFUL HEARTS CAMP

**Grades, time, location, cost, teachers, max, and description can be found above**

## ROBOT INVENTOR CAMP



**Grades:** 4th-6th  
**Time:** 9a-4p  
**Location:** Helios  
**Cost:** \$600/week  
**Teachers:** Ling  
**Max:** 10

Students will get the opportunity to explore and experience with the newest LEGO MINDSTORMS Robot Inventor kit. Each day, students will work in pairs to build a machine and program in Scratch to solve an engineering challenge. This camp is for students who love to build LEGOs, programming and problem-solving.



# Week 8: Jul 31 - Aug 4 (cont)

## MINI HIKERS CAMP

**Grades:** K-4th

**Time:** 9a-4p

**Location:** Off-Campus  
(meet at Helios)

**Cost:** \$600/week

**Teachers:** Kathy

**Max:** 10

Are you looking for adventure this summer? Are you looking to have fun while adventuring this summer? Then sign up for Take a Hike camp. We will hike semi-challenging 3 - 8 miles hikes (with plenty of rest stops) each day where we are sure to find both fun and adventure. During our adventures we will partake in scavenger hunts and take a quiet moment in nature for some nature journaling. We will engage our senses, play hiking games, build forts (if we can find the right materials) and develop some outdoor skills. After each hike we will visit our local swimming pool to cool off and relax. We will have a field trip on Friday to celebrate our week of hiking accomplishments.



## BACKPACKING CAMP

**Grades:** 5th-8th

**Location:** Off-Campus Overnight  
Stanislaus National Forest

**Cost:** \$1600/week

**Teachers:** Shannon & Mike

**Max:** 10

Are you an experienced outdoors person who's looking for some high adventure in a gorgeous and legendary part of the Sierra Nevada Mountains?

Join Mike and Shannon on a five day, four night adventure in the Emigrant Wilderness of the Stanislaus National Forest, just north of Yosemite National Park. We'll hike through pine forests and across granite outcrops, camp next to (and maybe even swim in) pristine mountain lakes, and get an intimate experience with the same canyons and mountains that inspired John Muir and Ansel Adams.

Note that we'll be hiking with approximately 20-25 pound packs, over uneven terrain, at 8000-8500 feet elevation, between 4 and 6 miles per day and with significant elevation gain and loss (+/- 1000 feet per day).

Appropriate for students entering 5th-8th grade, in good physical shape, who have some previous camping and/or backpacking experience.

Most food and some gear will be included, but students will need to provide their own frame backpacks, sleeping bags, sleeping pads, trekking poles, and personal items. Helios and Mike/Shannon can help with loans and recommendations.

If we can't hold the Emigrant Wilderness program due to wildfires or other dangers, we will move to an itinerary at Point Reyes National Seashore during the same dates, or if necessary, to a day hiking itinerary with a prorated refund.

